

Heartline Residential Retreat Testimonials

Ann L.

My whole life has changed with everything I learned at TMI. Thank you!

M.J.M.

One of the exercises in the Heartline program showed me what unconditional love felt like for the first time in my life along with giving me permission to forgive myself for not being perfect.

Mike G.

The Heartline program did it for me. It was one of those rare programs that changed the direction of my life. I am extremely grateful for the experience.

Leslie R.

I want to live! That's what I felt after a week at The Monroe Institute attending the Heartline program. Before Heartline, I had been emotionally crushed over the death of my husband . . . The week was full of joy and laughter. I clearly needed the laughter and joy for my heart healing. Heartline changed my life. The tools gained will guide me into extraordinary future adventures in this life, and beyond.

Peg M.

Heartline is a very necessary program for all humankind! I wanted to shift my pattern of negativity to one of optimism and love - Heartline makes it happen.

Elmdea Bean

I attended Heartline in April - it was extraordinary and wonderful!! I had heard that some people have taken the program 3 and 4 times (and a few even more than that). I now understand why. My personal feeling is that, after Gateway, Heartline is the most important and useful TMI program any one of us can take. You will have the opportunity

to come home to yourself. Depends on whether you are ready to or not. And there is always more...which is why people repeat the program...because of its richness. I don't have words for how it has affected my life, but the feelings are here/there/known. –

Anonymous

The Heartline experience/endeavor/adventure was as amazing as the two other programs I've attended and yet very different. Where to begin? From the 8 single-spaced typed pages of notes (and I left out a lot!), the first sentence reads: "I love this group" and the last sharing: "Luckily the heart is elastic--just when I thought it couldn't possible grow and expand any more, it's now so full of love it's close to exploding." And how do you put that kind of a week into words? How about, think of the optimum moment of falling in love, and multiply exponentially

Our group came from different backgrounds and experiences, and still there was amazing growth/life-changing breakthroughs for all. So, how did this happen? We followed a new and special series of exercises with a variety of tapes and suggestions from Trainers Penny and Joe. There was a lot of energy work, of chakra opening and integrating, of emotional exercising (and emotional exorcising for me), of music, dance, drums, laughing, crying, loving, and living.

Over the past few months I've been traveling toward love for self, for others, for all things, and still the revelations came from down deep and within, and continued to come. Many insights, many travels, many wondrous sights from all the senses.

*The tapes were powerful, and we spent some time in Focus 18, which was somewhere I hadn't consciously been before. Lovely. Some quick comparisons--for me, personally, Heartline built upon my Gateway Voyage experience--more levels, more Knowing, and clues for past and future trails. The depth of information was coming more from my inner space and focus levels than, say, out there in the Lifeline focus levels, and that was cool and exhilarating. I also reconnected with old friends (ISH, etc.) and more apt symbology in the non-physical and was very surprised at how the physical body reacted. True, I was in need of emotional and body rest and repair, but after the second day, I felt like a work of art/creation in progress--using the repoussé process (a craft technique whereby raised sculptural designs are created by pounding from the inside out). Really--felt great, but inside the cells were expanding, evolving, Growing, glowing. Amazing. No time for a massage, but swimming in the lake helped a lot (especially when we found a warm spot). There were also incredible examples of synchronicities throughout the week-- *coincidences* and connections happened all the time, and I was in awe and wonder and in touch with the love which created us all.*

Even with expectations and knowing of potential and possibility, I was still astounded by Heartline adventures. My new pals in the group each came with different purposes and goals; I came wishing to become more telepathic with plants and animals, and a vital connection to that concept was realized (complete with examples in real time!), plus a whole lot more! The adventure continues....

S

Hi Everyone, I just got back a week ago from doing Heartline. It was AWESOME.

Of all the programs I've done so far, this one has had the most impact on me. If you want to open your heart (more), this is the program for you. I am still having trouble putting this experience in words, that's why I didn't write as soon as I got home. I had very transforming experiences & I faced my greatest fear. The people in this group are definitely now MY FAMILY. Everyone was so supportive of each other that this space was SAFE to totally let down your shields/masks and we did all that. Everyone experienced great openings within themselves.

What I learned was in the other programs, you did things and had experiences OUT THERE (not being aware of the body). In Heartline, you can be HERE & THERE at the same time. What I realized was, I was not really allowing myself to FEEL. I thought I was, but I wasn't. But at Heartline I learned how to FEEL me, how to feel unconditional love from Spirit, my guides, angels, etc. and bring that feeling back with me, so, in C-1 I still experienced it for a long period of time.

What really made a difference was I asked my body to go on each journey (tape) with me. That is how I discovered that I was not really FEELING, like I thought I was.

Here is what came to me on the 5th day during a silent break/walk:

I am the All That Is.

I am emerging and coming into full awareness from your heartspace.

I am the Love that you are, I always have been, I always will be, I have always been there, in your heart, waiting to emerge, to bloom, into the fullness of the flower of life, of Love.

You are now able to see and know who you really are.

My intuition has become stronger since Heartline. Actually, it became stronger during the Program. You all have got to do this program!!!!!!

On one of the days, I had such a big opening of my heart that I felt a lot of vibrating at my heart chakra, the size of a large dinner plate. It lasted for 2 days!

This is the best I can do at this time in putting this experience in words. I'll do more later when I can take these feelings and express them more in words.